

Assembly Concurrent Resolution

No. 86

Introduced by Assembly Member Buchanan

(Coauthors: Assembly Members Achadjian, Alejo, Ammiano, Atkins, Bigelow, Bloom, Bocanegra, Bonilla, Bonta, Bradford, Brown, Ian Calderon, Campos, Chau, Chávez, Chesbro, Conway, Cooley, Dababneh, Dahle, Daly, Dickinson, Donnelly, Fong, Fox, Frazier, Beth Gaines, Garcia, Gatto, Gomez, Gonzalez, Gordon, Gray, Hagman, Harkey, Roger Hernández, Holden, Jones, Jones-Sawyer, Levine, Linder, Logue, Lowenthal, Maienschein, Mansoor, Melendez, Morrell, Mullin, Muratsuchi, Nazarian, Nestande, Olsen, Pan, Patterson, Perea, John A. Pérez, V. Manuel Pérez, Quirk, Quirk-Silva, Rendon, Ridley-Thomas, Rodriguez, Salas, Stone, Ting, Wagner, Waldron, Weber, Wieckowski, Wilk, Williams, and Yamada)

January 27, 2014

Assembly Concurrent Resolution No. 86—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 86, as amended, Buchanan. American Heart Month.

This measure would recognize the month of February 2014 as American Heart Month in California and recognize February 7, 2014, as Wear Red Day in California.

Fiscal committee: no.

- 1 WHEREAS, Heart disease is the number 1 killer of women, yet
- 2 often is preventable; and

1 WHEREAS, Cardiovascular disease accounts for one in three
2 deaths nationwide, approximately one woman's death every
3 minute; and

4 WHEREAS, An estimated 43 million women in the United
5 States are affected by cardiovascular disease; and

6 WHEREAS, Heart disease kills more women than all forms of
7 cancer combined, but often the disease goes undiagnosed; and

8 WHEREAS, Ninety percent of women have one or more risk
9 factors for developing heart disease, yet only one in five American
10 women believe that heart disease is her greatest health threat; and

11 WHEREAS, Women comprise only 24 percent of participants
12 in all heart-related studies; and

13 WHEREAS, Since 1984, more women than men have died each
14 year from heart disease, and the gap continues to widen; and

15 WHEREAS, Many women are either unaware of the symptoms
16 of heart disease or may attribute their symptoms to other causes,
17 and women are less likely to call 911 for themselves when
18 experiencing symptoms of a heart attack than if someone else were
19 having a heart attack; and

20 WHEREAS, The American Heart Association's Go Red for
21 Women movement has been positively impacting the health of
22 women for 10 years, as a result more than 627,000 women's lives
23 have been saved, and 330 fewer women are dying each day; and

24 WHEREAS, In celebration of the 10th Anniversary of National
25 Wear Red Day on February 7, 2014, Go Red for Women is asking
26 all women across America to Go Red by wearing red and speaking
27 red to all of the following: Get Your Numbers, ask your doctor to
28 check your blood pressure and cholesterol; Own Your Lifestyle,
29 stop smoking, lose weight, exercise, and eat healthy; Realize Your
30 Risk; Educate Your Family, make healthy food choices for you
31 and your family and teach your kids the importance of staying
32 active; Don't Be Silent, tell every woman you know that heart
33 disease is their No. 1 killer; now therefore, be it

34 *Resolved by the Assembly of the State of California, the Senate*
35 *thereof concurring*, That the Legislature recognizes the month of
36 February 2014 as American Heart Month in California in order to
37 raise awareness of the importance of the ongoing fight against
38 heart disease and stroke; and be it further

39 *Resolved*, That the Legislature recognizes February 7, 2014, as
40 Wear Red Day in California, and urges all citizens to show their

1 support for women and the fight against heart disease by
2 commemorating this day by wearing the color red; and be it further
3 *Resolved*, That the Legislature urges public support for Go Red
4 for Women events planned in California during American Heart
5 Month; and be it further
6 *Resolved*, That the Chief Clerk of the Assembly transmit copies
7 of this resolution to the author for appropriate distribution.

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